## Abstract of the Disclosure

A maritime unit and a method for operating a maritime unit. The maritime unit includes a frame structure. The maritime unit includes at least three legs moveable between a standby position and an extended position. A jack mechanism moves the legs between the standby position and the extended position. The maritime unit has at least its legs operated on a disk brake principle for enabling a substantially stepless drive therefor, whereby the maritime unit has each of its legs provided with a brake system, including one or more brake flanges extending longitudinally of the leg. The maritime unit has its frame structure provided with a brake system including one or more brake shoe elements operable in a vertical direction with the jack mechanism.